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ERASMUS+ REPORT

Project S.L.O.W.

sustainable-life-outdoor-welness

ITALY

MAXIMILIAN-KOLBE GYMNASIUM



FIRST DAY

In Italy the people don't eat breakfast like we do in Germany. Most of them eat sweet breakfast like biscuits and coffee. In school the students showed us their school and after that we did an ICE-Breaking activity - this means that we played some games to get to know each other better.

In the break we ate some traditional Italian cakes and we went to the lake to eat our lunch. After that the Spanish and Italian people showed their presentations about their topics.

After school everyone went home. But in the evening we all met at the restaurant to eat some pizza.

SECOND DAY

On Tuesday, we had the great opportunity to visit the city hall of Desenzano. We had the honour to hear a presentation of the vice mayor.

After the visit, our group went for a walk in the centre of Desenzano, visited a castle and had an unforgettable panoramic sea view from there. We continued our day with some shopping at the local food market of Desenzano and had the most delicious vegetables and fruits for lunch. Finally, we ended our day with a picnic in a parc near the sea.

THIRD DAY

In the morning we had breakfast with our exchange students and at 9 am we met the others at school. We took a walk to Monte Corno, which is a mountain with view of the lake and did some yoga exercises.

After the yoga we had some snacks and went to school again. For lunch we had freetime. We went to the beach and ate the lunch boxes, which our exchange families made for us (the italian food was super delicious) and then we met at school again to design a logo for the project. At 7 pm we ate icecream together and worked on our yoga-project (we filmed some videos at the beach). The rest of the evening was freetime with our exchange students. Some of us met and had pizza, which the father of one of the italian girls made by himself. It was one of the best pizzas I ever ate :)



FOURTH DAY



We drove to Verona and saw the Juliet's House, the Piazza dei Signori, the Piazza delle Erbe and finally the Arena of Verona which was really impressive. After the sightseeing activities we had freetime in which we visit Verona on our own. The city was beautiful and the people were friendly.



FIFTH DAY

We took the ferry to Sirmione. There we had a lot of time to go around the city. We saw a lot ice cream parlors, which are selling giant ice cream. After that we visited Catullus' Grottos-Roma Villa, it was really beautiful there, we had an amazing view of the city and the lake. In the evening we visited a bar, where we enjoyed our last evening together.

